

- Instagram Favorites
- Neuroplasticity Expert | ... -271
- Liana Shanti | Spiritual ... -230



Neuroplasticity Expert | Liana Shanti @12d\_b\_school

Followers: 10,292 | Following: 233 | Media Count: 205 | Engagement Rate: 3.34% | Average Likes: 310.81 | Average Comments: 32.81

Refresh stats Unfavorite

Page Summary Future Projections Live Follower Count

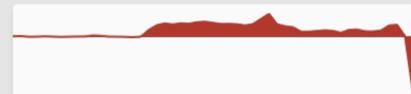
**B+ Grade** | **46,733rd** | **467,074th** | **40,734th**

LAST 30 DAYS

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GAINED FOLLOWERS (WEEKLY)



**-2.2K**  
Followers for the last 30 days

**-74**  
Media Count for the last 30 days

GAINED MEDIA COUNT (WEEKLY)



Daily Channel Metrics

Last 30 Days

Date	Followers	Following	Media Count
Sun 2025-07-13	+31	12,913	--
Mon 2025-07-14	+39	12,952	--
Tue 2025-07-15	+53	13,005	--
Wed 2025-07-16	+47	13,052	--
Thu 2025-07-17	+43	13,095	--
Fri 2025-07-18	+73	13,168	--
Sat 2025-07-19	+47	13,215	--
Sun 2025-07-20	+54	13,269	--
Mon 2025-07-21	+69	13,338	--
Tue 2025-07-22	+62	13,400	--
Wed 2025-07-23	+60	13,460	--
Thu 2025-07-24	+56	13,516	--
Fri 2025-07-25	+61	13,577	--
Sat 2025-07-26	+68	13,645	--
Sun 2025-07-27	+46	13,691	--
Mon 2025-07-28	+59	13,750	--
Tue 2025-07-29	+45	13,795	--
Wed 2025-07-30	+38	13,833	--
Thu 2025-07-31	+31	13,864	-1
Fri 2025-08-01	-30	13,834	+1
Sat 2025-08-02	-28	13,806	+1
Sun 2025-08-03	+2	13,808	--
Mon 2025-08-04	-39	13,769	--
Sun 2025-08-10	-1,570	12,199	+1
Mon 2025-08-11	-323	11,876	--
Tue 2025-08-12	-319	11,557	+2
Wed 2025-08-13	+6	11,563	--
Thu 2025-08-14	-743	10,820	-1
Fri 2025-08-15	-257	10,563	+1
Sat 2025-08-16	-271	10,292	--
<b>Daily Average</b>	<b>-74</b>	<b>+0</b>	<b>-2</b>
<b>Weekly Average</b>	<b>-1,377</b>	<b>+2</b>	<b>0</b>
<b>Last 30 Days</b>	<b>-2,230</b>	<b>+4</b>	<b>-74</b>

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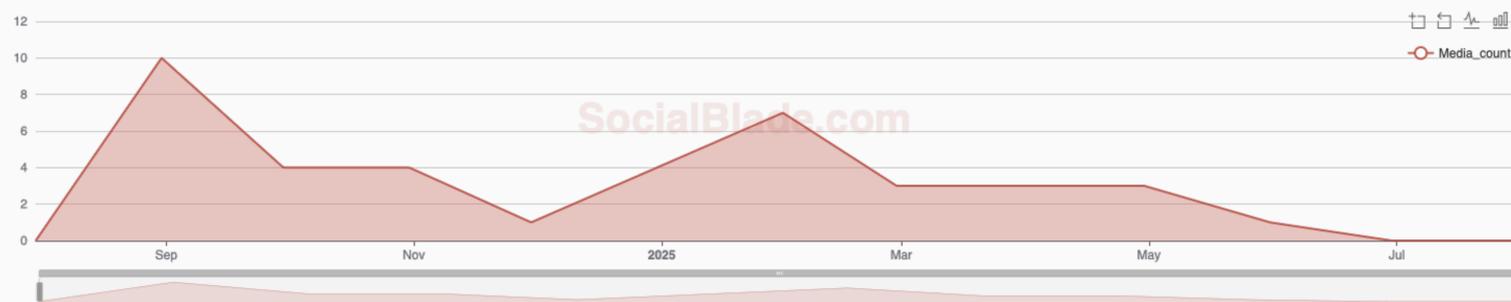
DETAILED CHARTS

Monthly Gained

Monthly Gained Followers for Neuroplasticity Expert | Liana Shanti



Monthly Gained Media count for Neuroplasticity Expert | Liana Shanti



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